

The Housing Chronicle

HACF

MARCH 2011



Valentine's Day Celebrations



Sagner, Carver, and Lincoln held fun Valentine's Day parties for the families in their communities. Thanks to all the volunteers for their hard work! A special thanks to Laura Green, Kim Metz, and Brenda Tillery at Lincoln for organizing a great party! Also, thanks to Kim Williams for taking charge of the Sagner party! And thanks so much to Tammy Jackson (and Kim) for organizing the party at Carver!

On February 16th, over fifty Honor Roll children celebrated at the Bernard W. Brown Community Center.

The room was packed with families, friends, and teachers! We had a special musical treat from the Spring Ridge Elementary Chorus and food prepared by Jenee Gholston. What a great evening! Congratulations to all the children who earned a place on the Honor Roll during the first two semesters of the year. We will hold a summer celebration to honor all the children (1st thru 8th grades) who make Honor Roll for either/both of the last two semesters. Keep up the good work!

Ta'Tiana Alicea
Eric Allen
Gianna Allen
Amira Bandy
Stephon Barnes
Imane Bennett
Natalie Bennett
Kennedy Blackwell
Samira Bowins
Jahnia Brown
Jordan Brown
Curtis Connors
Jade Connors
Kitana Connors
Anthony Davis
Aubrey Davis
Amber Eckenrode
Alex Elleby

Nizai Exun
Nicholas Gaitwood
Alexandra Garcia
Cheyenne Gorton
Shannon Green
Yasmeen Hall
Chrisolyn Harris
Jacqueline Harris
Nydoria Harrison
Zaire Hollaway
Artique Holmes
Lyric Holmes
Zabein Jenkins
Austin Keeney
Malachi Kirby
Drake Kline
Cyndra Mappy

Lauren Mender
Lexa Mender
Kivoni Porte
Ali Rehman
Anoosh Rehman
Areeba Rehman
Shamayim Rehman
Melat Richburg
Christoph Sambula
Monay Shaw-Johnson
Kenneth Snowden
Zion Standard
Xzavier Sykes
Thompson Tarr
Ahava Thomas
Alicia Vaughn
Mykailah Vaughn
Chante Weedon
Malachi Witherspoon

Inspiration Corner...

Don't waste your life in doubts and fears: spend yourself on the work before you, well assured that the right performance of this hour's duties will be the best preparation for the hours or ages that follow it.

~Ralph Waldo Emerson



SummerServe

SummerServe is taking applications!

Do you have a child going into 6th grade through 9th grade? Do you think he/she might enjoy an active summer making his/her community a better place? The Community Foundation of Frederick has awarded Project ALIVE enough funds to sponsor seven kids from July through mid August in the SummerServe program. Call Ann at (301) 696-1875 for more

information.

Summer Jobs

Do you know anyone between the ages of 14 and 21 who wants to work this summer?? Refer him or her to Workforce Services (301-600-2255). The Summer Jobs program will begin registration on March 8th and continue on March 15 and 22nd. Registration will be offered between 3:30 and 5 p.m. on these three days. Check out the website: frederickworks.com too, if you want to download the forms and drop them off at Workforce Services at a different time. The summer jobs program runs from July 5 through August 5th .

Imagine Me

Imagine Me continues to Inspire and Encourage all that come. The speakers that have joined us thus far have come with their own uniqueness and have been a blessing. Imagine Me is using different topics for the upcoming months because it is important for us to take care of ourselves. In February, we talked about Matters of the Heart.

March is National Nutrition Month and the theme is **“Eat Right With Color”**. So we are encouraging everyone to take care of themselves by eating healthy and exercising this month. It will make a difference.

We thank our March guest speaker Khalil Afi. Our April 4th guest speaker will be Belinda Pierce-Afi. Please come out and join us at the Clara D. Harris Community Center in Sagner at 7:00 p.m. Please contact Linda Helms at (301) 696-2874.

Extermination Schedule

March 15, 2011	202-234 Lincoln Apts.
March 16, 2011	236-268 Lincoln Apts.
March 17, 2011	270-298A Lincoln Apts.
March 23, 2011	All Scattered Sites
April 12, 2011	2-40 Carver Apts.
April 13, 2011	42-82 Carver Apts.
April 14, 2011	84-120 Carver Apts.



Omega Psi Phi

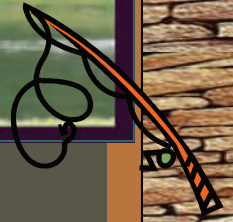


Ms Brenda Tillery (Community Coordinator) with Brother Levar Jordan, deliver the turkeys to Lincoln Housing Community

Brothers of the Alpha Lamda Lamda Chapter of Omega Psi Phi continue to partner with Lincoln Apartments as they work together to improve the community. Over the past 10 years, Lincoln has provided the space for the club members to conduct monthly meetings and in turn the Lincoln community has been the focal point of many of the chapter's social action endeavors.

In an article in "The Omegan," the chapter newsletter, it states that the Lincoln Community was the first housing development created by the Housing Authority of the City of Frederick and was built in 1941. The Omega Psi Phi brothers help each Thanksgiving, Christmas, and at the beginning of each school year. The fraternity has been a blessing to the Lincoln Community.

FROM THE DESK OF RICK GLADHILL:

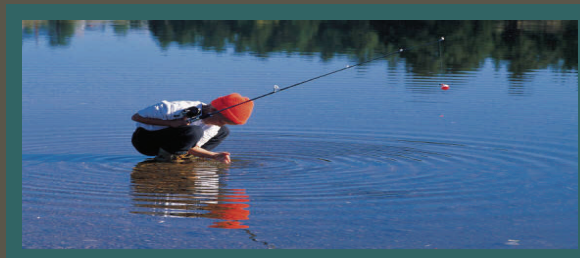


The Maryland Department of Natural Resources will be stocking Carroll Creek for the youth and blind on:

March 27, 2011 for March 28th—April 1st

April 10, 2011 for April 11th—April 15th

FYI: The Hooked on Fishing Not on Drugs fishing rodeo will be held on May 7, 2011. Linda and Ann will be sending out information next month.



Lincoln Apartments

Loving Our Neighbors



Sincere Thanks to...

Our Civil Rights Leaders/Activists for fighting against injustice and inequality for all, as we celebrated Black History Month.

F.P.D-Patrol Division for increased presence in our community.

Danny Simmerman- For shoveling/clearing the snow for his neighbors.

Keith Hillard- For shoveling snow and trash disposal for his neighbors.

Kim Metz- For responsibly disposing of trash erroneously left in her receptacle.



Congratulations to...

Teleola Bourima- Acceptance to Towson University Nursing Program. She was selected from among 4000 applicants.

Elementary School Academic Excellence Awards- Shannon Green

Middle School Academic Excellence Awards- Ta'tiana Alicea, Kennedy Blackwell-Lewis, Austin Keeney, and Chris Sambula

Kennedy Blackwell-Lewis- Casting in the play "Once Upon a Mattress".

Xiomar Alicea- Celebrating his 4th Birthday. Happy Birthday to all born in the month of March.

Community Reminders

Resident Council Meeting- March 14, 2011 at 6:30 p.m.

Resident Advisory Board Meeting-TBA

Utility Shut-off Notices will soon be reinforced. Please take time to contact your utility providers to initiate payment plans if needed to become current. Interruption of services is a violation of your lease. If you or anyone you know needs assistance in contacting utility providers to help prevent service interruptions, please contact Ms. Cherise at (301) 898-2751. Assistance is confidential.

REMEMBER NO TRASH COLLECTION ON HOLIDAYS.

St. Patrick's Day Word Search

IRELAND
IRISH
GOLD
POT
RAINBOW
GREEN
CLOVER
LUCK
SHAMROCK
PATRICK

K	P	T	P	V	J	W	B	G	S
X	G	R	E	E	N	V	T	D	E
X	E	E	U	G	V	M	I	Z	G
M	B	V	L	N	S	V	R	U	O
X	G	O	L	D	A	D	I	M	D
K	T	L	U	C	K	N	S	P	O
T	K	C	O	R	M	A	H	S	A
B	B	Q	N	X	E	L	P	G	H
D	E	O	L	K	J	E	O	D	I
D	F	I	K	C	I	R	T	A	P
G	L	W	O	B	N	I	A	R	N
E	M	N	F	S	W	O	H	Z	V



March Birthdays

Da'myra Wallace, Maison Denby, Jada Epps, Jermyah Jenkins, Na'Syhia Blackwell, Sireen Hall, Logan Sheridan, Michael Douglas, Lydia Soloman, Malachi Witherspoon, Alexandra Garcia, Dakota Kretzer, Malik Witherspoon, Anthony Davis, Alicia Vaughn, Devin Shry, Aconne Wade Jr., Marcaysia Kersey, Curtis Connors, Zachary Bryant, Paulrell Dudley, Siarra Rock, Kyree Hansen

March Teen Birthdays

Kimberly Gibbson, Kendle Pitts, Heather Esworthy,
Devon Crampton, Chad Santmier

How to Get Ready for Freshman Year of College

Graduation is right around the corner for the class of 2011, ehow.com has come up with a few ways to get you prepared for your freshman year of college. For more articles like these such as How to Make Friends During Freshman Year in College, How to Have a Successful Freshman Year, or How to get along with your roommate check out www.ehow.com.



Getting ready for your freshman year of college is a challenge. For many college students, this will be a year of adjustment because this is the first time that they will live away from home. You have to learn how to manage your time so that you can study and still have fun. You also have to do your own laundry and possibly cook for yourself.

1. Keep in mind that you are going to college to learn. The things you learn during your time in college will help you to excel at your career. It may seem like more fun to party while you are in college. This is fine as long as you put studying first and partying second.
2. Learn to budget your money. Managing your money while you are in college sets the tone for your money management for the rest of your life. If you get credit cards and charge a lot of money on them now, you will have to pay for it later. It is much better to stick to using cash. You have to put necessities, such as food and school supplies first and luxuries, such as going out, second.
3. Think the right thoughts. Going off to college will put your mind and emotions on a roller coaster. One minute you may be happy to be away from home, and the next you will miss home. It is normal to feel that way. Getting yourself ready to have these feelings will help you to cope with them better when they occur.
4. Find out about the campus ahead of time. Knowing where everything is on campus may take some time. You can make this easier by studying a map of the campus before you go off to college.
5. Read the campus rules and regulations. This includes the rules for your dorm and any other buildings, such as the campus gym or cafeteria, that you will frequent. Knowing the rules ahead of time will help you to act appropriately in all of those places.

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Am I the Only Parent in This House? By Tiya Cunningham-Sumter



Okay, special shout out to all the occasionally stressed out, burned out mothers who feel you may just scream if you hear the words “Mommy, can you...” one more time.

As a mother, I can admit, sometimes my days are just downright stressful. From time to time, I need an “I’m not a Mommy” hour (or two), where I sit in silence and listen to the beautiful sound of “no one needs me for anything.” Please don’t misunderstand me – my children are the biggest blessings my life has ever received. It’s just that for most people who have made the choice to take on the full-time job of parenting, we get tired and need relief.

Parent Corner

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This isn’t meant to disregard Daddies, because they also need a release occasionally, but for the purpose of this post I can only speak from the Mommy perspective. Moms are the nurturers, I get that, but with two parents in the household I’m wondering what I’ve shown my children to make them believe that I am the go to parent at all times for almost everything.

Not that my husband doesn’t help, he is always willing and able. Our children just seem more prone to asking me whatever questions or to meet whatever needs they have at any given moment.

When there is bickering, I hear “Mommy, can you tell her to stop...” or “Mommy, she keeps...”

When someone is restless I hear “Mommy, I can’t sleep,” or “It hurts when I close my eyes...”

And when they are just plain old bored I hear “Mommy, what can I do now...”

I really get puzzled when I hear a “Mommy, can you get...” and Daddy is standing right next to what they need and I’m somewhere else in the house. I think, seriously isn’t your Dad *right* there? I do love that my children rely on me and trust me to attend to their needs, but here’s what I had to do:

Walk Away. Rather I take a quick trip to the store or just around the block, hopping in the car and getting away provides me peace.

Pretend to be asleep. Just kidding, no but seriously; I have done this a couple of times and I’ll be honest I do feel slightly guilty, but at that moment a Mom’s got to do what a Mom’s got to do.

Encourage them to ask Daddy. He is available and always willing to help. I am not sure why this one took me so long to figure out. I guess there is a part of me that feels there are certain things that a Mom should always do.

Ask for help. My simply asking for assistance has made a huge difference.

Take my own time out. Locking myself in the bathroom for an hour (or two) is extremely relaxing. There is no rule on how long a hot bath should take.

Acknowledge that I am no superwoman. I let myself off the hook by being honest about not being able to do it all. Now I wonder who ever told me I had to.

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